

The Beauty Taboo

Women's Hair Loss

The stigma of hair loss poses considerable psychological and emotional challenges for both men and women. For every five men with hereditary hair loss, three women experience the same condition. Yet women's hair thinning remains a "taboo" subject for media, the public and patients. Hair thinning is common among healthy women, and can begin in women as early as their twenties. Women need to better understand the various reasons why hair loss occurs and seek treatment options that are proven to work. It's important for anyone experiencing hair loss to confront their hair loss and take action quickly.

Many women think their hair loss is caused by stress. And yes, stress can cause hair loss but it is more likely that your hair loss is hereditary, hormonal or another health condition.

Recently, Nicole, a beautiful 29 year old woman, came to our salon concerned about her hair loss. Nicole came to our salon after she read an article in the Summit County Women's Journal about our methods of treating thinning hair. Her once thick head of dark brown locks was thinning at an alarming rate. After consulting several doctors without success, she had scheduled an appointment

with a dermatologist at the Cleveland Clinic who specializes in women's hair loss. However, it would be months before she could get an appointment.

Nicole was stressed, depressed and scared about losing her hair. We talked at length about what she wanted her hair to look like and how much time she wanted to spend working with it. She is a very active woman and needed to have a solution that fit into her busy lifestyle.

We, at The Hair Specialists, could help her feel and look better immediately. Our recommended solution for her was a Natural Volume hair addition.

Nicole was thrilled to have thick hair again!

I talked to her after she saw the dermatologist and this is what she said:

"Thank you for all your help. I am telling everyone about you! I wear my Natural Volume all the time and I'm getting comments like I used to before it started thinning. People say 'Your hair looks awesome!' Even my closest friends who know I am wearing it, can't see that I have it on."



"My new dermatologist is at the main campus of the Cleveland Clinic. She is world renown and people wait a year sometimes to see her and come from all over! I can attest. I waited almost 4 months. She was very sweet and she understands how hair loss can affect women!"

"This doctor did an extensive amount of blood work, which is more than any previous doctor ever did. I found out my vitamin D was low and my testosterone was extremely high. She gave me some

prescriptions and recommended a supplement of Biotin. She said the shedding should stop soon but it hasn't yet."

I could tell Nicole was feeling much better but she was still worried.

"Be patient Nicole," I said, "It will take at least six months to see any new hair."

"Thanks Lee, I will try to be patient!!! I go back in 6 months so we will see!"

The Hair Specialists

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